



Introductory letter to parents/carers

VALE TRIDENTS

Dear _____ Parent/Carer,

On behalf of *Vale tridents* I would like to welcome your child to the club and provide you with some information about our activities. The club provides opportunities for young people between the ages of *eight (8)* and *sixteen (16)* to receive coaching and competition in *Duathlon, Aquathlon and Triathlon*. All coaching is by qualified coaches who are trained and have been screened for their suitability for working with young people.

The club has been recently accredited with Sport England's Clubmark, which is awarded to clubs by NGB when the club is able to demonstrate that it meets the NGBs criteria as to playing programme; safeguarding and protecting children; sports equity and ethics and club management. Clubmark is an acknowledgement that we take these issues seriously and that we are striving to provide a high quality and welcoming environment for young participants in the sport. Our club Welfare Officer, *Claire James*, is responsible for ensuring that our child protection policy is implemented, and can be contacted on **0780 2976 002** or <mailto:welfareofficer@valetridents.co.uk> should you have any concerns.

We welcome parents to all training and competitions and value your support. We are keen to try and involve parents in the club and would like to invite you to watch the children train, where you can meet club members and find out more about the club. Below is some information about training times and dates, and details regarding travel arrangements, kit and club registration.

Training sessions take place on *Saturdays* from *12:00* to *14:00* at *Faringdon Leisure Centre*.

Arrangements should be made for your child to travel to and from training sessions and matches. We appreciate it if children can arrive promptly and are collected promptly at the end of the session, if they are not making their own way home. If you are going to be late picking your child up, please contact :-

Claire James/Welfare Officer **07802 976 002** or *Denise Knight* on **07810 333 931** and let them know.

Likewise if you wish your child to travel home alone, a letter must be handed to the club welfare officer for our records stating that you give permission. Without this letter the child will remain at the training facility.

Club training kit consists of *Bicycle and an approved helmet, clothing which allows the athlete to train correctly in all climates (winter and summer) adequate footwear (trainers), swim kit and swim hat*.

The cost of each training session is **£4.00**. The club has a small membership fee of **£20 per annum** and this should be paid by **31st October**.

Competition fees will vary but generally are **£10.00 BTF £11.00 Non BTF** (BTF = British Triathlon Federation membership)

We would be grateful if you could complete the attached junior club membership form. For the safety of your child it is important that the club is informed of any medical condition or allergies that may be relevant, should your child fall ill or be involved in an accident while at the club.


If you would like to talk to someone at the club about this information or your child's involvement with the club one of the coaches or committee members **Mandy Scott/Lead Coach** on **07751 595 093** or **Denise knight/Secretary** on **07810 333 931**

We thank you for your cooperation and look forward to meeting you at some point in the future.

Yours sincerely,

Signed:

Date: 15th June 2010



Name: Denise Knight

Position: Club Secretary
secretary@valetridents.co.uk

Vale Tridents Membership Form 2010/11



Name:	Gender: M / F	D.o.B ___/___/___
Address:		
Post Code:		
Phone Number:	Mobile Number:	
Alternative Number:		
e-mail:		

Membership Requirements:

£20.00 per year & £4.00 per session (payable at reception prior to each session)

Club Subscriptions Payment:

Please Pay £20 on return of completed form to one of the club officials.
Cheques made payable to "Vale Tridents"

Medical Declaration:

2.	Has your Child ever been diagnosed with any of the following: Asthma/diabetes/high blood pressure/heart condition	Y	N
3.	Has you child ever experienced any of the following: Stroke/Operation/Chest pains/Fainting/Dizziness/Joint Injury/Arthritis	Y	N
4.	Is you child taking a course of prescribed medication?	Y	N
5.	Is your child allergic to any substances?	Y	N
6.	Do you know of any other medical conditions that may affect your child taking part in triathlon related type activities?	Y	N

*If you have answered "YES" to any of the above, please provide further information on page 2

Parent/Carers Personal Details:

Name:	Relationship:
Address:	
Post Code:	
Home Phone Number:	Mobile Number:
Alternative Number:	
e-mail: (main form of contact for club issues)	

7.	Would you be prepared to help the club during events as a volunteer?	Y	N
8.	Do you wish to receive the club newsletter every quarter by e-mail	Y	N

Vale Trident's Membership Form 2010/11



Additional Information:

.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....
.....

Background Information:

How did you find out about Vale Trident's ?
Friends.....School.....Website.....Other.....(please tick one)

What exercise are you doing at the moment?.....
.....
.....
.....

DATA PROTECTION:

Personal information provided to the Vale Trident's Triathlon Club will be handled in accordance with the data protection act 1998 It will be used for Vale Trident's administrative purposes, lifeguard briefings and in the event of an emergency. This would be passed to the emergency services. Your information will not be used for any other purposes and will not be disclosed to any other parties. The Vale Trident's Triathlon Club does use e-mail to distribute information to members; at times your e-mail address may be visible to other club members.

PARENT/MEMBER DECLARATION:

All the information on this form (2 PAGES) is true to the best of my knowledge and I have sought and followed any medical advice as appropriate.
I understand that Vale Trident's Triathlon Club will not be held responsible for any accident or injury sustained, unless due to negligence.

Signature:.....

Date:.....



Vale Trident's Kit/Equipment Order Form

Name of person ordering item:

Childs Hoodie Sizes Grey	Age 5 - 6	25" – 28"		£18 each
	Age 7 - 8	28" – 30"		
	Age 9 - 10	30" – 32"		
	Age 11 - 12	32" – 34"		

Adult Hoodie Sizes Grey	XS	34" – 36"		£23 each
	S	36" – 38"		
	M	38" – 40"		
	L	40" – 42"		
	XL	42" – 44"		
	2XL	44" – 46"		

Childs Polo shirts Navy	Age 7 - 8	28"		£9 each
	Age 9 - 10	30"		
	Age 11 - 12	32"		
	Age 13	34"		

Adult Polo shirts Navy	S	36"		£11 each
	M	38" – 40"		
	L	42" – 44"		
	XL	46" – 48"		

Beanie Hat	One size			£6.75
------------	----------	--	--	-------

Club Swim hats	One Size			£3.00 each
----------------	----------	--	--	------------

Total Payable

Please insert the name to be embroidered on the shirts/hoodies/Fleeces or waterproofs

First name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Surname

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Cheques to be made payable to: - **Vale Trident's**

Order form with cheque to be sent or given to:

Denise Knight

trikit@valetridents.co.uk

or handed to the club secretary

secretary@valetridents.co.uk



Vale Trident's Kit/Equipment Order Form

Name of person ordering item: _____

All in One	XXXS	Up to 135cm height		See Denise
	XXS	Avg Height 145cm		
	XS	Avg Height 155cm		
	Small	Avg Height 165cm		

Two Piece	XXXS	Up to 135cm height		See Denise
	XXS	Avg Height 145cm		
	XS	Avg Height 155cm		
	Small	Avg Height 165cm		

Tri-suits will have the club logo and are designed for both boys and girls.

	Height in cms	Weight in Kgs	Chest size in cm	Waist size in cms
One Piece				
Two piece				

For the children who are entering races we can supply:

Vale Trident's Water Bottle				£4.00 each
Lock laces				£4.00 pair
Race Belts				£5.00 each
Swim fins (Training only)	See Denise For catalogue			TBA
Any other items required				
Total Payable				

Cheques to be made payable to: - **Vale Trident's**

Order form with cheque to be sent or given to:

Denise Knight trikit@valetridents.co.uk

or handed to the club secretary secretary@valetridents.co.uk



Childs Waterproof Jacket Blue	Age 3-4	21" – 22"		£25.95 each
	Age 5 - 6	23" – 24"		
	Age 7 - 8	25" – 26"		
	Age 9 - 10	27" – 29"		
	Age 11 - 12	30"		
Youth Waterproof Jacket Blue	Age 13 - 14	32" - 34"		£30.32
Adult Waterproof Jacket Blue	Small	38"		£36.20
	Medium	41"		
	Large	44"		
	Xlarge	47"		
	2Xlarge	50"		
	3XLarge	53"		

For our Coaches and Committee members/Volunteers we can do



These have coach embroidered underneath the logo on the left with your name to the right.

Quarter Zip Fleece Red		34"-36"		£18.10
		38"- 40"		
		42"- 44"		
		46"- 48"		
		50"		

First Name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Surname

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Cheques to be made payable to: - **Vale Trident**s

Order form with cheque to be sent or given to:

Denise Knight

trikit@valetridents.co.uk

or handed to the club secretary

secretary@valetridents.co.uk

Right to Leave

I, _____(Parent/Carer)

Consider my Child _____(Childs Name)

Able to travel, to and from Triathlon Training at Faringdon Leisure Centre by themselves.

Signature of
Parent/Carer _____



Committee e-mail and phone contacts

Simon Cartwright Simon.cartwright3@googlemail.com chairman@valetridents.co.uk	01367 810477	Chairman L1 Coach
Mandy Scott Koolponies@live.co.uk Leadcoach@valetridents.co.uk	01367 240153 Mob 07751595093	Lead Coach L2
Sarah Meaden Sarahmeaden35@hotmail.com		L1 Coach
Denise Knight Denisa.knight@btinternet.com secretary@valetridents.co.uk	01235 769933 Mob 07810 333 931	Secretary
Claire James carcow.james@btopenworld.com welfareofficer@valetridents.co.uk	Mob 07802 976 002	Welfare
Simon Renfrey Renf3@btinternet.com		Assistant Coach
Rob Vessey vesseyclan@msn.com		Assistant Coach
Jonty Whittington jontywhit@hotmail.co.uk		Assistant Coach
Steve Thomas Steve_L_thomas@hotmail.com treasurer@valetridents.co.uk	01367 243588	Treasurer
Mandy Scott koolponies@live.co.uk pressofficer@valetridents.co.uk	01367 240153 Mob 07751595093	Publicity
Carolyn Murphy Cmm1046@kingalfreds.oxon.sch.uk carolyn.murphy@youthsporttrust.org		School liason
David Hooper davidhooper@britishtriathlon.org		SW Regional Development Officer
Stefan Pearce Sefanpearce@britishtriathlon.org		SE Regional Development Officer