

Made Easier

The South West Tri-Star, Youth and Junior Series for the 2010 season known as South West Series (SWS) consists of designated points scoring races. It will be a competition in its own right combined with the selection criteria for IRC places to represent the South West of England at the British Inter Regional Championships (IRC) later in the season. (Refer IRC Team 2010 Page).

To develop aspiring athletes the TriStar category will not be included in the SWS. This is so they can enjoy the race and begin to understand triathlon and its technicalities.

TriStar 1s will have a number of events to choose from to further develop their understanding but will have the opportunity to be part of their own SWS including open water.

Tristar 2, 3 and Youth will experience open water and drafting (where possible) with a view to performance and an opportunity to race at the IRCs.

Juniors will continue to develop with their move into Sprints which includes road racing.

We encourage you to take part in as many races that you wish. We hope the league will also generate a team spirit at races. We wish you all the best for the forth-coming season.

Race Eligibility:

- Races are open to all athletes of the correct age as of 31 December 2010. However to be eligible for the SWS athletes will be either / and / or
- a member of Triathlon England South West (TESW)
- living in the SW region
- a paid up member of a SW club

SWS TriStar 1

Date	Event Name	Type	Venue
28-Feb	SWS Duathlon Champs	D	Castle Coombe Tommy Rich's School GL2
23-May	Tri Team Glos glostristars.co.uk Tewkesbury	T	0LF Tewkesbury School GL20
13-Jun	tewkesburytriathlon.co.uk/ Swindon Kids Tri	T	8DF
27-Jun	swindonjuniortriathlon.co.uk	T	Dorcan Leisure SN3 5DA
18 -Jul	Open Water	OT	TBC
01-Aug	Trowbridge dbmax.co.uk/ SWS Aqua SW Aquathlon	A	Clarendon College BA14 0DJ
4-Sep	Championships	OA	Portland DT5 1SA

SWS TriStar 2, 3 & Youth Championships

Date	Event Name	Type	Venue
28-Feb	SWS Duathlon Champs	D	Castle Coombe
23-May	Tri Team Glos, Gloucester	T	Tommy Rich's School

13-Jun	Tewkesbury Tri	T	Tewkesbury School
18 -Jul	IRC Qualifier	OT	TBC
4-Sep	SWS Aqua	OA	Portland DT5 1SA

SWS Junior Championships

Date	Event Name	Type	Venue
28-Feb	SWS Duathlon Champs	D	Castle Coombe
18 -Jul	Open Water	OT	TBA
4-Sep	SWS Aqua	OA	Portland DT5 1SA

The Junior Championship will have 2 more events to be confirmed shortly.

Key: T = Triathlon, D = Duathlon, A = Aquathlon, O = Open water

Athletes entering the SWS races will automatically be included in the Series ranking. Athletes should advise if they do not want to be included in the Series to the Junior Series Officer.

Entry:

Participants are responsible for:

- entering events.
- paying their own entry fee for each event.