

Mandy Scott

BTF Level 2



Mandy with Tabitha the Twitchy Trek bike

Birthday:
11th February.

Sports & Hobbies:
Running, swimming, cycling & horse riding.

When was your first Triathlon?

June 2009 at Henley. The atmosphere was amazing. A huge amount of entries. Everyone was so supportive. My biggest memory was that I never got nervous at all, which felt odd!

Any others?

The Highworth Triathlon and also the Warwickshire Triathlon.
Both brilliant fun!

All competitors that I have come across in doing Triathlons are unbelievably friendly.

2010 - Have done Radley, Cotswold Open water & Blenheim so far.

What is your strongest discipline?

Running....without a doubt.

...and worst?

Swimming. I keep trying, but really struggle with any sort of speed while doing endurance.

Why coach a childrens club?

I enjoy seeing the children having fun during training and it is rewarding seeing them do well in competitions.

Any secrets you would like to share?

Don't tell anyone this, but my two bikes have names!!!



Tabitha the Trek bike



At the finish line



Gavin the Giant bike